

IKFF Rankings as of 4/5/2011 Under Old Ranking System

Name Rank Competition

Women's Snatch Only

Women's Amateur/58kg/8kg k-bell		
Rebecca Donaldson	IV	The Arnold - 3/7/10
Women's Amateur/58kg/12kg k-bell		
Geraldina Hintenberger	III	Invitationals - 3/12/11
Women's Amateur/63kg/12kg k-bell		
Brandi Suarez	III	The Arnold - 3/7/10
Paula Starner	III	Nationals - 9/24/10
Women's Master's/53kg/12kg k-bell		
Debra Ustar	III	The Arnold - 3/7/10
Chrissy Klaes	III	Invitationals - 3/12/11

Women's Biathlon

Women's Amateur/53kg/8kg k-bell		
Roni Deitz	IV	The Arnold - 3/7/10
Women's Amateur/58kg/8kg k-bell		
Heather Huber	IV	Great Lakes - 4/17/10
Ginamarie Hayes	IV	Red Barn - 6/26/10
Women's Amateur/58kg/12kg k-bell		
Cheryl Kondziolka	III	The Arnold - 3/7/10
Cheryl Kondziolka	III	Great Lakes - 4/17/10
Melissa Metcalf	III	North Jersey - 11/20/10
Women's Amateur/63kg/12kg k-bell		
Sandy Doyle	III	The Arnold - 3/7/10
Katie Tomczyk	III	Great Lakes - 4/17/10
Melonie Hengesbach	III	Great Lakes - 4/17/10
Jennifer Jacobs-Alfieri	III	Nationals - 9/24/10
Rachael Suh	III	Invitationals - 3/12/11
Womens' Amateur/63kg/16kg k-bell		
Sara Hallas	I	The Arnold - 3/7/10
Sandy Doyle	I	Great Lakes - 4/17/10
Womens' Amateur/68kg/16kg k-bell		
Stephanie Murdock	II	Mid Michigan - 5/22/10
Stephanie Murdock	II	Nationals - 9/24/10
Women's Amateur/73kg/12kg k-bell		
Jennifer Hintenberger	III	Nationals - 9/24/10
Vallery Darwich	III	North Jersey - 11/20/10
Women's Amateur/73kg/16kg k-bell		
Janelle Routhier	I	Great Lakes - 4/17/10
Women's Amateur/73kg+/8kg k-bell		
Rachael Palmer	IV	The Arnold - 3/7/10
Isabel Harris	IV	The Arnold - 3/7/10
Ally McEachen	IV	Nationals - 9/24/10

Women's Amateur/73kg+/12kg k-bell		
Christy White	III	Great Lakes - 4/17/10
Susan Lausier	III	Turkeybell - 11/13/10
Deborah Surdu	III	Invitationals - 3/12/11
Women's Masters/58kg/8kg k-bell		
Geraldina Hintenberger	IV	Nationals - 9/24/10
Women's Masters/58kg/12kg k-bell		
Leslie Starler	III	The Arnold - 3/7/10
Men's Biathlon		
Men's Amateur/68kg/16kg k-bell		
Joseph Carranza	IV	The Arnold - 3/7/10
Men's Amateur/68kg/20kg k-bell		
Jamie Pigman	III	Red Barn - 6/26/10
Men's Amateur/68kg/24kg k-bell		
Tyler Vallario	II	Red Barn - 6/26/10
Mitch Blackburn	I	Nationals - 9/24/10
Cory Murphy	I	Nationals - 9/24/10
Tyler Vallario	I	Nationals - 9/24/10
Jamie Pigman	I	North Jersey - 11/20/10
Men's Amateur/73kg/24kg k-bell		
Jason Sanchez	II	The Arnold - 3/7/10
Benjamin Schneider	CMS	Great Lakes - 4/17/10
Scott Tighe	I	Red Barn - 6/26/10
Jason Sanchez	II	Red Barn - 6/26/10
Men's Amateur/78kg/16kg k-bell		
Richard Manchur	IV	Invitationals - 3/12/11
Men's Amateur/78kg/24kg k-bell		
Mike Sherman	II	Mid Michigan - 5/22/10
Mike Sherman	I	Nationals - 9/24/10
Mike Sherman	CMS	Invitationals - 3/12/11
Mens' Amateur/85kg/16kg k-bell		
Peter Hildebrand	IV	Nationals - 9/24/10
Mens' Amateur/85kg/24kg k-bell		
Mike Sherman	I	Great Lakes - 4/17/10
Doug Whitney	II	Red Barn - 6/26/10
Phil Humphrey	I	Nationals - 9/24/10
David Tabain	CMS	Invitationals - 3/12/11
Jonathan McKay	I	Invitationals - 3/12/11
Men's Amateur/95kg/24kg k-bell		
Chris Duffy	I	Red Barn - 6/26/10
Men's Amateur/95kg+/24kg k-bell		
Dan Husted	II	Great Lakes - 4/17/10
Will Metcalf	II	Red Barn - 6/26/10
Misha Marshak	I	Nationals - 9/24/10
Will Metcalf	CMS	North Jersey - 11/20/10

Misha Marshak	I	Invitationals - 3/12/11
John Lesko	I	Invitationals - 3/12/11
Men's Masters/73kg/20kg k-bell		
Garrin Clark	III	Invitationals - 3/12/11
Men's Senior/85kg/16kg k-bell		
Dave Elkins	IV	The Arnold - 3/7/10
Women's Long Cycle		
Women's Amateur/53kg/8kg K-bell		
Lisa Lachowski	IV	The Arnold - 3/7/10
Dawn Sylvester	IV	Invitationals - 3/12/11
Women's Amateur/53kg/12kg K-bell		
Tara Lee	III	The Arnold - 3/7/10
Tara Lee	III	Great Lakes - 4/17/10
Lisa Fleischhacker	III	Red Barn - 6/26/10
Geraldina Hintenberger	IV	Invitationals - 3/12/11
Women's Amateur/53kg/16kg K-bell		
Terri Parker	I	The Arnold - 3/7/10
Ellie Sevick	I	The Arnold - 3/7/10
Ellie Sevick	I	Great Lakes - 4/17/10
Tara Lee	II	Nationals - 9/24/10
Women's Amateur/53kg/20kg K-bell		
Johanna Funk	CMS	Mid Michigan - 5/22/10
Donica Storino	CMS	Nationals - 9/24/10
Women's Amateur/58kg/8kg K-bell		
Annette Kantos	IV	Red Barn - 6/26/10
Women's Amateur/58kg/12kg K-bell		
Christin Maro	III	The Arnold - 3/7/10
Melissa Metcalf	III	The Arnold - 3/7/10
Julie Diller	III	Great Lakes - 4/17/10
Kali Singleton	III	Great Lakes - 4/17/10
Leslie Starler	III	Mid Michigan - 5/22/10
Carol Larson	III	Turkeybell - 11/13/10
Alma Pilz	III	Turkeybell - 11/13/10
Women's Amateur/58kg/16kg K-bell		
Liberty Gray	II	The Arnold - 3/7/10
Liberty Gray	I	Great Lakes - 4/17/10
Lisa Garon	I	Great Lakes - 4/17/10
Melissa Metcalf	II	Red Barn - 6/26/10
Julie Diller	I	Nationals - 9/24/10
Women's Amateur/58kg/20kg K-bell		
Sara Lieber	CMS	The Arnold - 3/7/10
Vanessa Gale	CMS	Red Barn - 6/26/10
Women's Amateur/58kg/24kg K-bell		
Sara Lieber	MS	Great Lakes - 4/17/10
Women's Amateur/63kg/12k K-bell		

Shuvaun Brennan	III	The Arnold - 3/7/10
Sarah Lightfoot	III	The Arnold - 3/7/10
Lisa Garon	III	The Arnold - 3/7/10
Londin Winters	III	The Arnold - 3/7/10
Katie Tomczyk	III	Great Lakes - 4/17/10
Melonie Hengesbach	III	Great Lakes - 4/17/10
Rachel Suh	III	Invitationals - 3/12/11
Women's Amateur/63kg/16k K-bell		
Vanessa Gale	I	The Arnold - 3/7/10
Katie Tomczyk	I	Mid Michigan - 5/22/10
Rachel Suh	I	Mid Michigan - 5/22/10
Andrea Borders	I	Turkeybell - 11/13/10
Paula Hatfield	II	Invitationals - 3/12/11
Women's Amateur/63kg/20k K-bell		
Andrea Borders	CMS	SE Michigan - 12/11/10
Women's Amateur/68kg/12k K-bell		
Estella Hom	III	The Arnold - 3/7/10
Katie Crum	III	Great Lakes - 4/17/10
Christy Turner	III	North Jersey - 11/20/10
Women's Amateur/68kg/16k K-bell		
Stephanie Murdock	I	Mid Michigan - 5/22/10
Katie Crum	IV	Mid Michigan - 5/22/10
Valerie Pawlowski	II	Red Barn - 6/26/10
Estella Hom	I	Nationals - 9/24/10
Melonie Hengesbach	II	Nationals - 9/24/10
Valerie Pawlowski	I	North Jersey - 11/20/10
Katie Shantry	I	Invitationals - 3/12/11
Women's Amateur/73kg/8kg K-bell		
Darlene Davis	IV	Mid Michigan - 5/22/10
Women's Amateur/73kg/12kg K-bell		
Julianne Kettler	III	Great Lakes - 4/17/10
Sally Kettler	III	Great Lakes - 4/17/10
Women's Amateur/73kg/16kg K-bell		
Kristyn Howard	II	The Arnold - 3/7/10
Julianne Kettler	II	Mid Michigan - 5/22/10
Women's Amateur/73kg/20kg K-bell		
Kristyn Howard	CMS	Nationals - 9/24/10
Jennifer Hitenberger	CMS	Invitationals - 3/12/11
Women's Amateur/73kg+/12kg K-bell		
Krissy Workman	III	Great Lakes - 4/17/10
Women's Amateur/73kg+/16kg K-bell		
Kimberly Turko	II	The Arnold - 3/7/10
Alicia Trobert	II	The Arnold - 3/7/10
Dina Ross	II	Great Lakes - 4/17/10
Bonnie Quinn	II	Nationals - 9/24/10

Courtney Szorc	II	Turkeybell - 11/13/10
Anastasia Koutsouras	II	North Jersey - 11/20/10
Kimberly Turko	I	Invitationals - 3/12/11
Lyndsay Budgell	I	Invitationals - 3/12/11
Ally McEachen	II	Invitationals - 3/12/11
Women's Masters/53kg/12kg K-bell		
Donna Sheridan	III	The Arnold - 3/7/10
Women's Masters/58kg/16kg K-bell		
Karen Storey	II	Nationals - 9/24/10
Women's Masters/73kg/12kg K-bell		
Karen Bibia	III	Mid Michigan - 5/22/10
Women's Professionals/63kg/24kg K-bell		
Sara Smothers	MS	Invitationals - 3/12/11
Men's Long Cycle		
Men's Amateur/68kg/20kg k-bell		
Bob Garon	III	Great Lakes - 4/17/10
Men's Amateur/68kg/24kg k-bell		
Cory Murphy	II	Great Lakes - 4/17/10
Christian Maier	I	Nationals - 9/24/10
Christian Maier	I	Invitationals - 3/12/11
Men's Amateur/73kg/16kg k-bell		
Donn Finn	IV	North Jersey - 11/20/10
Men's Amateur/73kg/20kg k-bell		
Bernardo Santamaria	III	Nationals - 9/24/10
Men's Amateur/73kg/24kg k-bell		
Christian Maier	II	The Arnold - 3/7/10
Michael Cluse	II	The Arnold - 3/7/10
Christian Maier	I	Mid Michigan - 5/22/10
Men's Amateur/78kg/16kg k-bell		
Jordan Quick	IV	Mid Michigan - 5/22/10
John Sansone	IV	North Jersey - 11/20/10
Jeffrey Featherston	IV	Invitationals - 3/12/11
Jim Zinsser	IV	Invitationals - 3/12/11
Men's Amateur/78kg/20kg k-bell		
Erik Petersen	III	Great Lakes - 4/17/10
Scott Esch	III	Invitationals - 3/12/11
Wade Trahan	III	Invitationals - 3/12/11
Luke Raymer	III	Invitationals - 3/12/11
Men's Amateur/78kg/24kg k-bell		
Scott Helsley	CMS	The Arnold - 3/7/10
Claude Ray	II	Invitationals - 3/12/11
Men's Amateur/85kg/16kg k-bell		
John Ottney	IV	Great Lakes - 4/17/10
Richard Jones	IV	North Jersey - 11/20/10
Matheau Phillips	IV	Invitationals - 3/12/11

Men's Amateur/85kg/20kg k-bell		
Jesse Monaghan	III	Nationals - 9/24/10
Chris Neubauer	III	Nationals - 9/24/10
Men's Amateur/85kg/24kg k-bell		
Lee Quattrone	I	Invitationals - 3/12/11
Men's Amateur/90kg/16kg k-bell		
Joseph Wolf	IV	The Arnold - 3/7/10
Kelly Morris	IV	Nationals - 9/24/10
Nicholas Whitehurst	IV	Invitationals - 3/12/11
Arnold Reeves	IV	Invitationals - 3/12/11
Men's Amateur/90kg/20kg k-bell		
Kurt Funk	III	The Arnold - 3/7/10
Jonathon McKay	III	Great Lakes - 4/17/10
Sincere Hogan	III	SE Michigan - 12/11/10
Men's Amateur/90kg/24kg k-bell		
Kurt Funk	I	Mid Michigan - 5/22/10
William Esch	I	Nationals - 9/24/10
Men's Amateur/95kg/16kg k-bell		
John Carroll	IV	Red Barn - 6/26/10
Men's Amateur/95kg/20kg k-bell		
Mike Sanders	III	The Arnold - 3/7/10
Men's Amateur/95kg/24kg k-bell		
Sean Armstead	II	Nationals - 9/24/10
Sean Armstead	II	Invitationals - 3/12/11
Jason Turko	II	Invitationals - 3/12/11
Men's Amateur/95kg+/16kg k-bell		
Erik Saks	IV	The Arnold - 3/7/10
Robert Ocel	IV	The Arnold - 3/7/10
Tim Glover	IV	Great Lakes - 4/17/10
Drew Shafer	IV	Mid Michigan - 5/22/10
Scott Quist	IV	Turkeybell - 11/13/10
Zackary Shapson	IV	North Jersey - 11/20/10
Andrew Covalt	IV	North Jersey - 11/20/10
Men's Amateur/95kg+/20kg K-bell		
Justin Thomas	III	The Arnold - 3/7/10
Sean Cerqua	III	Nationals - 9/24/10
Drew Shafer	III	Nationals - 9/24/10
Carl Allogretti	III	Turkeybell - 11/13/10
Luke Sniewski	III	Invitationals - 3/12/11
Men's Amateur/95kg+/24kg K-bell		
Ken Whetham	I	The Arnold - 3/7/10
Eric McGill	II	Invitationals - 3/12/11
Ken Whetham	II	Invitationals - 3/12/11
Men's Masters/78kg/16kg K-bell		
Gary Westby	IV	Mid Michigan - 5/22/10

Men's Masters/78kg/20kg K-bell		
Brad Jones	III	The Arnold - 3/7/10
Brad Jones	III	Nationals - 9/24/10
Men's Masters/85kg/20kg K-bell		
Mike Sherman	III	The Arnold - 3/7/10
Men's Masters/95kg/20kg k-bell		
Mike Tokarsky	III	Great Lakes - 4/17/10
Men's Masters/95kg+/16kg k-bell		
Bill Reardon	IV	Mid Michigan - 5/22/10
Men's Masters/95kg+/20kg k-bell		
Thomas Corrigan	III	Nationals - 9/24/10
Thomas Corrigan	III	Invitationals - 3/12/11